



January 2023

NEWSLETTER

WWW.MAGICCITYGYMNASTICS.COM

Happy New Year!

Pre-school and Kinder Tot Basic Training Program

MCG's Basic Training Program is designed to develop motor skills, coordination, and balance. We focus on repetition in order to improve strength, flexibility, and confidence.

From January 3 - February 11th Pre-school and Kinder Tot children will focus on the following skills:

Handstand; Straddle Roll; Straight Jump; Tuck Jump; Leaps & Arabesque

Upcoming Tumbling & Back Handspring Progression Clinics

For gymnasts wishing to work on their tumbling skills and/or their back handspring. This clinic includes cartwheels, roundoffs, backbends, bridge kickovers, backbend kickovers, front and back limbers, and back handsprings! Gymnasts will work on the necessary progression skills and strengthening exercises that will help them achieve a back handspring.

Friday, January 13th
Friday, February 10th
Friday, March 10th
Friday, April 14th

5:00pm - 6:30pm

For gymnasts ages 6 to 18 years old

Member: \$30/child; Non-member: \$35/child

SAVE THE DATE!

Gymnastics Recital: May 12 - 13, 2023
Ninja Warrior Challenge: May 20, 2023

Registration begins in February!



Click on the QR code to register for classes & camps through our Customer Portal.

In order to help everyone have the best experience in the gym, please keep the following guidelines in mind:

1. Arrive 5 minutes before class begins.
2. Late to class? Please check in at the front desk!
3. Children should come ready wearing appropriate practice clothes - one-piece leotard or an athletic shirt and shorts.
4. Bring a water bottle with your child's name on it.
5. Encourage children to use the bathroom BEFORE class.
6. Pick up your children on time! Do not leave them unattended.
7. Parking spaces in front of the gym are for drop off and pick up only.
8. Have fun!

A reminder regarding our policies and procedures:

(Visit our Customer Portal for complete details.)

The annual membership fee of \$35 is waived for all military families after military status is validated with our front desk.

Families must keep a valid credit card on file at all times and are responsible for payment whether or not your child attends class.

Payments are charged the FOURTH MONDAY of each month for the following month.

MCG has a rolling enrollment. Please notify the office to discontinue classes and to stop monthly billing.

A legal guardian, whose name is on the account, must notify the office to drop a student from class no later than seven (7) days prior to the payment due date. We ask that the office be notified via email, postal mail, a hand delivered note, the iCP App, or through the customer portal.

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Valentine's Week at MCG!

February 7-14, 2023

Wear pink, red, and/or your favorite Valentine's Day leotard!

Heart Attack Our Wall!

Visit our craft table and make a heart to place on our wall!

Presidents Day Camp

Monday, February 20, 2023

9:00am - 2:30pm

Kindergarten - 6th grade

Cost: \$60/child

Please bring a sack lunch! Snacks will be provided.



Click on the QR code to register for classes and camps through our Customer Portal.

Register Today!



Magical Gymnastics Recital

May 12 - 13, 2023

For children currently enrolled in our Mini Tots, Kinder Tots, and all Recreational Gymnastics classes.

NINJA CHALLENGE

May 20, 2023

For children currently enrolled in our Ninja Warrior Preschool through Senior Program.



MARK YOUR CALENDAR

Upcoming Tumbling & Back Handspring Progression Clinics

Friday, February 10th

Friday, March 10th

Friday, April 14th

5:00pm - 6:30pm

For gymnasts ages 6 to 18 years old

Member: \$30/child; Non-member: \$35/child

Lucky Leprechaun Camp: March 16 - 17, 2023

9:00am - 2:30pm

kindergarten - 6th grade

Cost: \$110/child

Gymnastics/Ninja Mini Camp: March 27, 2023

9:00am - 12:00pm

kindergarten - 6th grade

Cost: \$45/child

Pre-school and Kinder Tot Basic Training Program

From February 13th - March 25th Pre-school and Kinder Tot children will focus on the following skills:

Bridge; Forward Roll; Leg Lift; Squat on; Chin Holds; & Stop Sign (stick position)